

### Tackling gender inequalities in Environmental Health

Madrid, 11 November 2009 Sascha Gabizon, Executive Director WECF - Women in Europe for a Common Future

### Why Women?



- Women as full partners in policy making and implementation
- Gender approach as a pre-condition for successful implementation and policy

### **WECF: international network**



100 member organisations WECF - France WECF - Germany WECF - Netherlands



Awareness raising Demonstrating solutions Promoting better policies

# Women's environmental health





- Women with breast cancer are 5x as likely to have <u>pesticides</u> residues in their blood such as DDT (banned in 1972)
- Nurses, teachers, hairdressers and pharmacy workers have higher rates and risks of breast cancer
- Breast cancer is now the most common form of cancer in the UK
- 41,000 cases each year over 800 cases weekly

### Cancer is made, not born?

Helen Lynn Author Politics and Prevention: Linking breast cancer and our environment



WECF publication: 3 languages

Only 5-10% of cases are known to be linked to hereditary factors

Established risk factors (late menopause, late childbirth), hereditary factors, and exposure to iradiation can only explain about 25-50%

leaves the other 50-75% of cases with no known cause

Fewer than half of identical twins get the same cancer

Cancer risk of adopted children parallels that of their adopted (not their biologic) parents

# Precautionary breast cancer policies?

Do we need to review our policies

- Chemical exposure in home, work?
- Chemicals in food?
- Phasing out hormone disrupting chemicals?
- Radiation exposure?
- Mamografie, how often?



## **Fertility and pollution**

- Male fertility has sharply declined in Western countries over the past 50 years;
- 1 in every 6 boys born in Europe today will have a low sperm count,
- Research shows links with prenatal exposure to endocrine disrupting substances.
- Danish and US researchers have recently shown irreversible health effects on girls.
  - Carlsen E., et al (1992), British Medical Journal 305. See also van Waeleghem, K., et al (1996), Human Reproduction 112.

### **Next Generations at Risk**

- DEHP (plastic softener) have adverse effects on the developing male fetus, especially with respect to growth of the reproductive tract
- Prof Skakkebaek, Denmark
  "Phthalates seem to dissolve not only plastics, but also testis"

Dysgenetic areas in the testes on d4 postnatal after in utero exposure to DBP (500 mg/kg/day) Fisher et al. Hum Reprod, 2003)



DBP

### Control

### Brown = smooth muscle actin



### **Effects on girls: EDC**



Hormone Disruptors and Women's Reproductive Health

A REPORT ON THE WOMEN'S REPRODUCTIVE HEALTH AND THE ENVIRONMENT WORKSHOP



FIGURE 1: Major female endocrine tissues, organs, and glands, in purple (partial listing).





University of California San Francisco UCSEF Obstetrics, Gynecology & Benorductive Sciences

 WECF translation into German (UBA)

# Women want to know: How to reduce risk?

Danish study :

- Low dose exposure (e.g. rubber shoes) may result in a critical risk for the 2 year-old.
- 2 year-olds absorb too high levels of:
  - phthalate DBP (mostly from foods)
  - dioxins and dioxin-like PCBs (mostly from foods, and partly from indoor air and dust),
  - parabens propylparaben and butylparaben (from cosmetic products such as oil-based creams/moisturising creams/lotions and sunscreen)
    - Survey and Health Assessment of the exposure of 2 year-olds to chemical substances in Consumer Products.

# **Chemicals in Food**

- 1/3 of food in the EU contaminated with pesticides
- Mercury in Fish (hair tests)
- Endocrine disrupters (UBA)
  - in milk
  - in orange juice





### Phatalates from body-lotion go straight into blood



Mono-butyl-phthalate in serum during 24 hours Janjua NR, Mortensen GK, Skakkebæk NE, Wulf HC, Andersson AM, in prep.

w.wecf.eu

₩ RH

## Products containing Phthalates



Cosmetics



### Toys 30-50%





Rain gear 20-40%



Shoes 10-30%

Couch (foam) 10-30%

Wallpaper

30-40%

PVC Shower curtain 20-40%

# Hormone disrupter Bisphenol A

- Babies feeding bottles
- Dental fillings and sealants
- Bottles for wine
- Tableware
- Food can linings
- Compact disks
- Thermal fax paper
- Sheathings of electronic articles





900	Nesting – Bienvenidos al portal Nesting: cómo crear un entorno saludable para tu bebé		
< -> C + © http://www.nesting.es/	ତ <u> </u>		
□ Apple (25) ▼ Amazon eBay Yahoo! News ▼			

				(Idiomas	Buscar
			<b>ESTING</b>		
El osito de p regalará la parte: conse	eluche que abuela, de nuestra ejos para un hogar	100	RENOVAR   AMUEBLAR   VIVIR	NOTICIAS	2
saludable.	saludable.		BIENVENIDOS AL PORTAL NESTING: CÓMO SALUDABLE PARA TU BEBÉ	CREAR UN ENTORNO × MARCADORES	S ÚTILES
			Cuando estás esperando un bebé, empiezas a in hacerte preguntas. Las cosas están cambiando emocionantes. Todo debe estar a punto para el gusto y a salvo en su nuevo hogar, su nido. El nest, nido) te ofrece consejos sobre las nuevas sobre tu bebé: renovar, amueblar y organizar v	maginar, planificar y y se presentan tiempos bebé. Debe sentirse a portal Nesting (del inglés e importantes decisiones uestra vida juntos. » más	
> El Proyecto > Contacto	> Historias > La Publicación				





**NESTING** 

### RENOVAR | AMUEBLAR | VIVIR

MOTICIAS

-

### n humos | Juguetes | Culdado personal | Vestido | Pañales | Alrear | Limpieza

### UN BUEN COMIENZO

El hogar está listo, la <u>habitación</u> renovada, el <u>mobiliario</u> instalado – el bebé ya puede llegar.

Sin embargo, toda esta preparación inicial no cubre las necesidades concretas que tiene cada bebé en su proceso de crecimiento y de descubrimiento del mundo. Cada día te enfrentarás a nuevas preguntas. Por ello hemos seleccionado un par de temas que tienen que ver con la vida diaria de los bebés. Una pared pintada de un bonito color y la cuna adecuada no son las únicas áreas en las que preocuparse por la salud y la <u>seguridad</u>. El <u>cuidado corporal</u>, por ejemplo, es muy diferente para un bebé que para un adulto. Su metabolismo va a reaccionar de diferente forma ante la exposición a distintos agentes.

No queremos darte una lista de productos concretos, por favor, busca las etiquetas que te mencionamos. Lo que te sugerimos es que seas sensible a ciertos temas, problemas y riesgos. Y después, la vida compartida con tu hijo puede comenzar y poneros a jugar juntos.

> El Proyecto > Contacto > Historias> La Publicación



🖸 BOOKMARK

### Bienvenue sur le site de Nesting

### http://www.projetnesting.fr/index.php

mazon eBay Yahoo! News \*

**BÉBÉ ET VOUS** 

### **Bienvenue sur le Site NESTING**

Vous êtes futur/jeune parent et vous voulez savoir comment créer un environnement intérieur le plus sain possible pour votre enfant?

Nesting est un outil ludique et interactif créé par WECE pour vous aider à connaître les polluants de l'environnement intérieur et les moyens de les éviter pour préserver

la santé de votre enfant. Matériaux, mobiliers, vêtements, jouets... autant d'interrogations auxquelles nous répondons par des conseils pratiques simples à mettre en œuvre. Des informations actualisées et validées par nos experts indépendants qui s'adressent aussi à l'entourage du bébé et aux professionnels de la petite enfance et de la santé.

ESTING PROTÉGEZ VOTRE ENFANT EN CRÉANT

Grâce à son expertise de plus de 10 ans au niveau européen en santé environnementale, WECF (Women in Europe for a Common Future) yous propose un site résolument tourné vers la santé de l'enfant. http://www.wecf.eu



Trava

Mob

ux d'intérieur	CE QUI COMPTE QUAND VOUS PRÉPAREZ LA CHAMBRE DE BÉBÉ. » lire la suite
ier	CE QUI EST IMPORTANT DANS LE CHOIX DES MEUBLES ET DE L'AMÉNAGEMENT. » lire la suite

Au quotidien



**QUI SOMMES NOUS ?** 

INFORMATIONS DÉTAILLÉES ÉDITÉES PAR DES EXPERTS » lire la suite.

DE VOTRE BÉBÉ PLUS SAINE ET PLUS SÛRE » lire la suite.

COMMENT RENDRE LA VIE QUOTIDIENNE



### NEWS 09.11.2009

### Poste Chargé(e) de mission animations

Dans le cadre du projet Nesting et avec le soutien de la Région Rhône-Alpes pour la création d'un emploi dans le domaine de l'environnement. WECF Fran... » lire la suite



### 06.11.2009

Etats-Unis le cauchemar d'Halloween: du plomb dans les peintures pour le visage pour enfants



utilisées pour Halloween font peur, mais pas forcément pour la raison que l'on croit:Du plomb dans les peintures pour le ....

Les peintures pour le visage

» lire la suite

### Le vaccin grippe A (H1N1), les femmes enceintes et les enfants

Les femmes enceintes et les jeunes enfants doivent-ils se faire vacciner contre la grippe A H1N1 ? WECF passe en revue les déclarations, les faits, et...

» lire la suite

### PUBLICATIONS

WECF et ses partenaires publient des ouvrages de référence en matière de santé et d'environnement qu'ils souhaitent vous faire partager. Bonne lecture ! » lire la suite

### VOS OUESTIONS

Vous avez des questions? Vous n'avez pas trouvé de réponse sur notre site? N'hésitez pas à nous contacter, nous vous répondons dans les 7 jours.

Co . Q. Google

### ATELIERS NESTING



Ateliers parents : inscrivez-vous à un atelier ludique et interactif avec un animateur Nesting pour en savoir + sur

l'environnement de bébé ! >> Voir les prochaines dates

### Ateliers professionnels : Formation pour les responsables administratifs et professionnels de la petite enfance >> Lire la suite



JOUEZ AVEC NO sur l'aménagement d'une chambre d'enfant saine et sûre l

### **Exhibitions and events**



eenneliginestruit

Many toys contain synthetic chemicals which can have negative effects on children's health. Carcinogenic formaldehyde is often found in glued wood puzzles, highly toxic flame retardants are found in cuddly toys. Even toys as innocent looking as bathing ducks may contain chemicals like PVC and hazardous substances as phthalates.

To raise awareness on this issue WECF- Women in Europe for a Common Future, a network of a hundred women's and environmental organisations – handed out toxic free toys to young parents in Utrecht during Sustainability Day.

### **Publications for general public**

### Women and their Toxic World

A booklet by WECF on chemicals, women and everyday life.

09.10.2006



Panel of speakers during the launch

"Women and their toxic world" is the first brochure written for and by women on chemicals in every day life. The publication examines how women's lives and that of future generations in Europe are threatened by hazardous chemicals, why strong policies such as REACH are needed to end this threat and what women can do to protect themselves. The foreword of the publication was written by MEP Hiltrud Breyer.

"We are very excited about this new tool to inform women about the issue and to show women alternative ways to protect themselves and their families from hazardous chemicals in every day consumer products" says Daniela Rosche, author of the publication.

The WECF publication Women and their Toxic World can be downloaded: "Women and their toxic World".

WECF publishes Toys Guide in four languages - Tips on how to choose toxic-free toys

Concise information about most hazardous substances found in toys and concrete tips on how consumers can play it safe when buying toys for children

30.03.2009

WECF- Women in Europe for a Common Future- has published a Toys Guide which provides tips on choosing toxic- free toys. The practical brochure provides concise information about the most hazardous substances found in toys and what the potential dangers are, and provides concrete tips on how consumers can play it safe when buying toys for children.



The German brochure was officially launched during the Nuremberg Toys Fair in February 2009.

You can download the guides here:

**French Toys Guide** 

**English Toys Guide** 

**Dutch Toys Guide** 

German Toys Guide

# Workshops for parents, midwives, women, fathers



### Workshops and publications for immigrant women

**Total chemical burden of household products in pregnancy (ALSPAC)** Percentage of pregnant women using the following chemicals:

*	Disinfectant:	85%
<b>*</b>	Bleach:	85%
<b>*</b>	Aerosols:	72%
<b>*</b>	Air fresheners:	68%
<b>*</b>	Window cleaner:	60%
<b>*</b>	Carpet cleaner:	36%
<b>*</b>	Turpentine or white spirit:	23%
<b>*</b>	Pesticides or insect killers:	21%
*	Paint stripper or varnish:	5%



### **EU directives: Cosmetics, Toys, Biocides, Pesticides**



### European toy safety directive – will children really be safe from hazardous chemicals in toys?

Position Paper WECF Women in Europe for a Common Future 01 September 2008

www.wecf.eu



### Toys bad for child health?

We live under the presumption that toys bought here in Europe are safe for our children. However massive recalls of toys in the EU (of 1,605 recalled producted the highest % were toys in 2007!), from reputed producers (Mattel, Fisher-Price, Toys R Us, Disney) show that this is not the case. Toys we buy in the EU can contain a number of highly taxis chemicals Marianne Thyssen<sup>2</sup> presented a report with proposed changes to the Commission proposal. Considering the recent toy scandals, rapid technological developments in the toy industry, and the increase in imports of toys from countries with lower environmental and safety standards (75% of toys on the market in Europe originate in China), this revision is urgently needed.

### Setting standards for toy safety worldwide

The USA, like the EU, is discussing new regulations for toys after some shocking cases of toy recalls such as the 2007 Aquadots case, where it was found that the adhesive used was mistakenly replaced by the Chidepending on the existing laws in those countries. Double standards must be eliminated in order to protect children in all countries from hazardous toys. To this date there is no regulation regarding what happens to recalled toys in Europe and the USA. It is most likely that these toys reappear on the market in countries with lower safety standards, e.g. in non EU Eastern Europe. WECF member organisations from Azerbaijan and Belarus report child health problems, such as allergies. from toys probably containing hazardous chemicals.

### A false sense of security: the misleading CE "label"

All children should be able to play



Ref.: LDE/022009039/cm

10 February 2009

### Declaration on banning Bisphenol A in babies' bottles

Dear Member of the European Parliament,

We are writing on behalf of consumer, environmental and health NGOs to ask for your support in relation to the attached Written Declaration on banning Bisphenol A in babies' bottles (Nr. 0106/2008). This declaration has been tabled by MEPs Hanne Dahl, Christel Schaldemose, Hélène Goudin and Carl Schlyter and is open for signature until 4 April.

Bisphenol A (BPA) is a plastic chemical widely used in a range of products but mostly in polycarbonate plastics, making the material hard and shatterproof. Unfortunately, this chemical has been shown to migrate, especially if the material is scratched, heated or comes in contact with warm liquids. This migration is worrying in more than one way; a number of scientific studies have already shown that when BPA enters the body, it increases the risk of several serious health conditions. We find it unacceptable that young children are exposed to these risks.



### On their way to water in Armenia, Georgia and Romania

www.wecf.eu

Photos by WECF and Margarita Torres

## Gender aspects of water and health

Women more often then men responsible for collecting water by foot/hand for:

- Consumption
- Maintaining sanitation
- Cooking and cleaning
- Agricultural activities
- Child care

Consequences reported:

- Infections from contaminated water
- Sexual abuse and violence on way to wells
- Less time for productive, educational and social activities





# Water inequalities - the example of EECCA Region

- Quality of access to water services has deteriorated
- <u>Disruptions</u> of water supply, pipe breaks, and water leaks
- <u>Bigger cities</u> and states have better developed systems than smaller cities and <u>rural areas</u>
- Prices often the same



## Some Gender Aspects of School Sanitation

In the Least Developed Countries:

- only 63% of girls attend primary school
- only 24% attend secondary school

One reason:

lack of toilets, with privacy, security

In most EECCA regions girls do not go to school when having their menstruation

### School Sanitation – Status Quo in EECCA countries (rural areas)



Hayanist, Armenia





Uzbekistan

Poltova, Ukraine



### Examples of Sustainable School Sanitation based on UDDT by WECF and Partner



### Water and Sanitation Safety Plans





The Netherlands, October 2008 Authors and Editors Dors Molley WECF Hargiet Samwel, WECF

### Developing Water Safety Plans involving schools

Introducing "Water Safety Plans" for small scale water supply systems – Manual for teachers and pupils



**A** 

- Monitor water quality
- Assess hygiene situation
- Identify sources of pollution
- Suggest measures for water protection
- Inform local authorities
- Involve parents

### **Involving schools**

- Test of seasonal fluctuation of nitrate
- Mapping of nitrate pollution in village
- Hygiene and health educational materials
- Doing surveys; presenting results to stakeholders







## Make it a Policy Priority Set School Sanitation Targets



- Safe school sanitation for all: needs its own global target
  - excluded from MDG7 monitoring (JMP)
- Ministers of H&E Europe process have made it their target:
  - In the draft Ministerial Declaration for PARMA 2010 - Regional Priority Goal 1:
  - "In particular, we aim at providing each child with access to safe water and sanitation at school /day care centers, by 2015..."

### **THANK YOU**



# Contact: <u>sascha.gabizon@wecf.eu</u> / <u>www.wecf.eu</u>